



LEGACY

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HAPPY FATHER'S DAY



ASK THE DOCTOR

On Flag Day, June 14, 2021, the E.R.B. Foundation, a 501(c)3 charitable organization, is launching the **Bayani Community Health and Wellness Center**.

The first question is, what's happening in my community? For one and a half years, our world stood still. We retreated to our quarters, were made to wear masks, and observed social distancing. We had an invisible enemy that made people deathly ill. And by today's numbers, we lost more than 600,000 Americans, surpassing the casualties of all who died in American wars in our history.

Is this virus going away? We see a trend in the number of cases, the number of hospitalizations, and the number of deaths going down. This is a big step due to the vaccination drive, the masks, and social distancing.

However, the virus is still alive and kicking. If we let go of the precautions and refuse the vaccination, we see spurts of surges. For as long as we haven't reached the goal of a 75% vaccination rate, we are still subject to the spread of the virus.

Let us enter into a proactive approach to preventing the pandemic risks.

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NEW LAUNCH: SUMMER OUTREACH PROGRAM (ERBF/AMA/AMG)

JUNE 14, 2021



A HEALTHY VILLAGE: THE BAYANI HEALTH & WELLNESS CENTER



From left to right: Torrie Takaki, Dennis Batural, Dr. Jenny L. Batongmalaque, Aurelia O'Connell, MPT Jim Dear, Paz Velasquez, Walter Rich, Jaime Raymundo, Isa Pulido(not in pic)



From left to right: Kevin Walker, Zachary Carter, Kelly Go, Kyla Pascual, Jaime Raymundo, Dr. Jenny L. Batongmalaque



From left to right: Paz Velasquez, Jabari Williams, Jesse Marquez, Dr. Jenny L. Batongmalaque, Isa Pulido, Jaime Raymundo



WANT TO LIVE LONGER AND BETTER? JOIN OUR DIABETES CLASS

EVERY WEDNESDAY 9:30AM - 12:30PM

In this **6-week course**, you'll learn how to:

- Have **Proper** Nutrition
- Live a **Healthier** Lifestyle
- Build **Your Own** Support System

A **Certificate of Completion** will be issued at the end of the course.



Learn More: www.erbfoundation.com
To Register: Call/Visit Julie at ERB Foundation - Senior Assessment Center
Address: 23243 S. Main Street, Carson, CA 90745
Phone Number: (310) 835 - 8365



"To me, Dad's finest quality was his patience: an inherent ability to listen, to absorb and to offer a point of view based on quiet, measured wisdom."

I remember in my youth how he handled people with problems asking his advice on how to resolve them. He would close his eyes and nod, acknowledging he heard you, and then say, "Come back tomorrow and let's talk about it."

Lo and behold the next day, the problem found a resolution. The guy with the problem, says, "All okay. No problem!"

Happy Father's Day, Daddy!



"I believe that however poor a person is born upon this earth, if he has an ambition and the will to succeed in life, through honest and untiring efforts, sooner or later, he will reach his goal, with the blessings of God Almighty!"



- Erasto R. Batongmalaque

The E.R.B. Foundation has launched the **Summer Outreach Program**, which is a door-to-door campaign of letting our neighbors know how to access resources and referrals when a need arises. More importantly, establishing our support system in the community.

We need volunteers to do the door-to-door campaign and bring the support and network in a phone call or online. **Call 310-835-8365**. We need to talk. There is no other way we can be of assistance until you tell us what you need.

The Bayani Community Health and Wellness Center is a referral and resource center. Donate and we can reach out to more of the constituents in our community who are in need and are under the radar. Volunteers needed are 16 years and over.

Join us for our Orientation:

June 14, 2021, at 11:00 am - 1 pm at the E.R.B. Foundation Parking Lot.
23243 S. Main St. Carson, CA 90745

The one quality we are looking for in a volunteer is:

- WE CARE to feed our hungry
- WE CARE to heal our sick
- WE CARE to teach our young
- WE CARE to honor our Veterans

Dr. Jenny L. Batongmalaque
Executive Director, E.R.B. Foundation, Senior Assessment Center

